



Isaac J. Rudloe, MD

128 Bucksport Road
Ellsworth, ME 04605
207-667-6300
<http://coastaleyecare.net>

Dear _____,

Thank you for choosing Coastal Eye Care for your eye care needs. The doctors and staff are committed to providing superior, cost effective medical and surgical eye care with compassion and attention to quality. We look forward to seeing you on _____ at _____ in our Ellsworth office. Please arrive 15 minutes early to allow time for registration prior to your exam. Directions to our office are located in this packet. You will receive a reminder call two to three days prior to your appointment. If you will be unable to keep your appointment, please call our office at (207) 667-6300 as soon as possible to reschedule. Thank you in advance for your cooperation.

Please take time to review the enclosed information. **You will find forms which need to be completed and brought with you the day of your exam. In addition, please bring your insurance cards and a photo I.D.** Any patient balance not covered by your insurance policy is expected to be paid in full at the time of service. We accept major credit cards, personal checks, and care credit.

Also included is a copy of our office's policies. The privacy policy is available upon request. We ask you read these carefully and feel free to call us if you have any questions. You should be prepared to have your eyes dilated as part of your exam (you may want to have a driver) and plan on spending at least one hour at the office. The length of your visit could be longer depending on tests or treatments performed during your exam.

We Hope you find this information helpful,

The Doctors Staff at Coastal Eye Care



Permission to Communicate

Patient Name: _____

Patient DOB: ____ / ____ / ____

This form asks you to tell Coastal Eye Care who, besides you, is involved in your care, so that Coastal Eye Care may comfortably share information with them that is **directly relevant** to their involvement in your care or in payment for your care.

This form does *not* permit us to talk with anyone about substance abuse or mental health treatment, or about HIV/AIDS status or testing. To release that type of medical information about you to anyone, the law requires that we have a written authorization that specifically permits us to do that.

Some examples of the type of information we would anticipate sharing include:

- dates and times of your upcoming appointments
- your prescription refill information, dates or other medication information
- information about your test results
- the status of referrals or other care coordination issues
- financial information, including payments made and balances due

This form does not allow us to provide a copy of your medical records, nor does it allow others to make any medical decisions for you.

I give permission to the staff of Coastal Eye Care to disclose medical information to the following individuals listed below:

Name -Person to Receive Information / Relationship (e.g., spouse, friend etc.) / Phone Number

_____/_____/_____

_____/_____/_____

_____/_____/_____

This Permission to Communicate form will stay in effect unless revoked by you in writing.

_____/_____/_____
Patient Name (PLEASE PRINT) Today's Date

Patient's Signature (Parent's signature, if a minor)

128 Bucksport Road
Ellsworth, Maine, 04605
207-667-6300

DRIVING DIRECTIONS

From the North: (Aroostook, Somerset, Piscataquis, & Penobscot Counties)

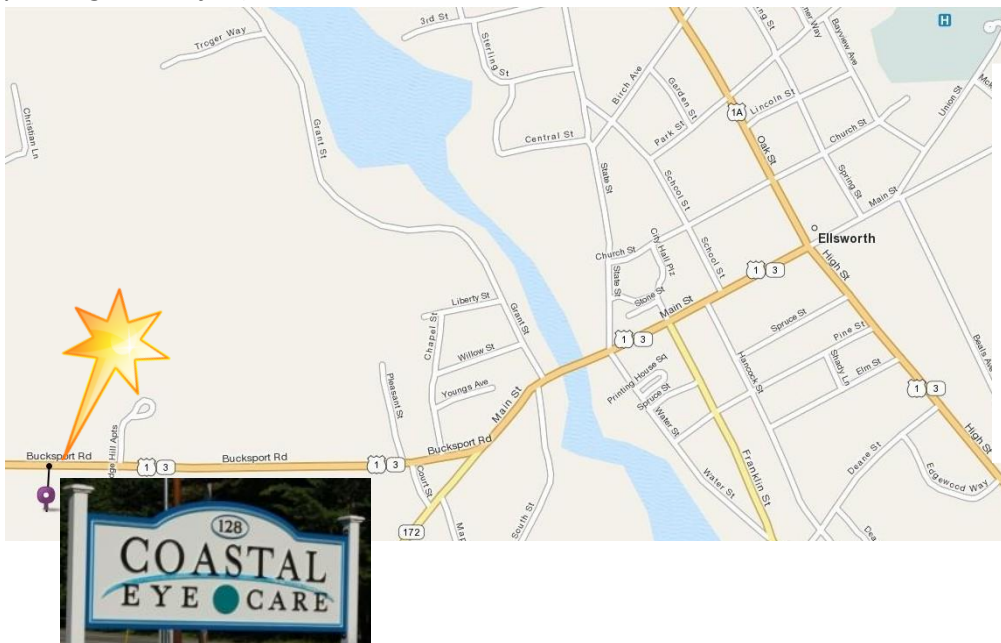
Take I-95 South (Bangor.)
Merge onto I-395 East/Exit 182A (US-1A/Bangor/Brewer/ME-9.)
Take Exit 6A (Coastal Route/US-1/Ellsworth/Bar Harbor.)
Turn Right onto Main Street/US-1/ME-3. Go over the bridge and stay in the right lane. 128 Bucksport Road/Coastal Eye Care is on the Left at the top of the hill where the lanes merge. *(If you reach Christian Ridge Rd on the right, you've gone too far.)*

From the South/West:(York, Cumberland, Oxford, Androscoggin, Franklin, Kennebec, Lincoln, Knox, & Waldo Counties)

Take I-95 North (Portland/Augusta/Waterville/Bangor.)
Merge onto I-395 East/Exit 182A (US-1A/Bangor/Brewer/ME-9.)
Take Exit 6A (Coastal Route/US-1/Ellsworth/Bar Harbor.)
Turn Right onto Main Street/US-1/ME-3. Go over the bridge and stay in the right lane. 128 Bucksport Road/Coastal Eye Care is on the Left at the top of the hill where the lanes merge. *(If you reach Christian Ridge Rd on the right, you've gone too far.)*

From the East (Washington County):

Take US-1/US-1A to Ellsworth.
Turn Left onto Main Street/US-1/ME-3. Go over the bridge and stay in the right lane. 128 Bucksport Road/Coastal Eye Care is on the Left at the top of the hill where the lanes merge. *(If you reach Christian Ridge Rd on the right, you've gone too far.)*



The following websites will provide you with, door-to-door, driving directions:

<http://www.aaa.com/>
<http://www.mapquest.com/>
<http://www.randmcnally.com/>
<http://maps.yahoo.com/>

If you need additional driving directions, please call our office.