

128 Bucksport Road
Ellsworth, Maine 04605
207-667-6300
<http://www.coastaleyecare.net>

Dear _____,

Thank you for trusting Coastal Eye Care for your eye care needs. We look forward to seeing you. **Your visit will include a comprehensive eye exam. During this exam we will evaluate the overall health of your eyes and your ability to see up close and at a distance. If you wear Contact Lenses, you must discontinue wearing them prior to your appointment; soft contacts, 1 week prior to appointment and 3 weeks prior if you wear hard contact lenses.** We ask that all patients and staff avoid wearing heavy scents out of respect to those with allergies or health issues triggered by scents.

If we determine you have a cataract, we will discuss all treatment options available based on your eye health and your lifestyle needs. **Thanks to advances in intraocular lens technologies, you now have more options for restoring vision loss due to cataracts. You now have the opportunity of selecting either traditional cataract surgery or customized cataract surgery.** Customized cataract surgery can reduce your dependence on glasses for near, intermediate and distance vision! Thanks to advanced technology most people now have the opportunity to experience a full quality of life with the ability to see near (*reading*) intermediate (*computer, cooking, cell phone*) and far (*driving*) distances – without depending on glasses in most situations. We have included an information sheet that explains more about cataracts, reading vision, and some of your options for treatment.

Please bring the enclosed paperwork when you arrive for your visit on _____ at _____.

Please arrive 15 minutes early to allow time for registration prior to your exam and plan to spend approximately 1 ½ to 2 ½ hours at our office. Should you decide to schedule cataract surgery, we typically will do all appropriate testing at this time, so you will not need to return to our office at a later date for the pre-surgical testing. For optimal pre-surgical measurements, please begin using Artificial Tears (Systane, Refresh, or other lubricating eye drops) four times per day in each eye, 3 weeks prior to your appointment. Your actual surgery date will be scheduled for a future date.

Please share this information with your family members, or anyone who will be a participant in your decision-making process. We recommend that you review the enclosed educational material prior to your appointment. The greater understanding you have about your options, the more comfortable you will be with your decisions. We want you to feel at ease with your choices. Our staff will make every effort to determine what is important to you and recommend a customized vision solution to meet your individual needs. If you have any questions prior to your visit, we can be reached at 207-667-6300.

We hope you find this information helpful,
Coastal Eye Care